

CIL Says Thank You after 30 Years

Kay Sommerfeld retired December 31st, 2016. Married to Randy Sommerfeld and raising 2 daughters, Kay is now looking forward to traveling and spending time with her grandchildren and family.

Kay graduated from UW Stout in 1976 with a degree in Child Development and Family Life. In 1986, Kay was hired as a Resource Counselor for the Independent Living Program which was at that time part of UW Stout system. Kay's passion was to work with consumers one on one in obtaining goals of independent living. During Kay's tenure, she experienced the growth of CIL as the program become it's own entity and became the Center for Independent Living for Western Wisconsin (CILWW), Inc. and moved to our new building and location located in the Menomonie Tech Park. Her experience and passion led her to becoming the Assistant Director of CILWW in the year 2000. Kay still maintained some 1-1 with a few of her consumers while maintaining her position as the Assistant Director and overseeing the Independent Living Program and Services provided by Resource Counselors.

Kay brought to CIL a level of commitment to services for people with disabilities and independent living. She instilled this passion, commitment and many skills to those she worked with.

CILWW will miss Kay's expertise and commitment and wish her the best of luck in Retirement!



IN THIS ISSUE

Welcome New Staff

Relentless Badger Award

Legislative Days

Advocacy in Action

Get Involved

New Freedom Transportation

Assistive Technology Corner

AT Programs

For Sale/Donation

CILWW is a community-based, non-residential, private non-profit agency that is staffed and governed by people with disabilities. Our focus is to empower people in making choices that maintain or increase their independence. We serve people with disabilities, their families, and the community in which they live. We also work with area businesses and service providers that need assistance in responding to the needs of people with disabilities.

Opportunity
+ **Responsibility**
+ **Empowerment**
= **Independence**



Check out
our new logo!



CIL
Western Wisconsin

Welcome New Staff



Pictured from left to right Jennifer Bell, and Amanda Lyke. Not Pictured Deb Cady

Amanda Lyke, PAS Nurse

I'm Amanda Lyke- Mandie is what most people call me. I'm from Eau Claire, WI and own a home on the street I grew up on- just 3 doors down from my dad. He cuts my lawn and I let him store 2 cars in my garage so this is a very nice arrangement! I've been a Registered Nurse since 2002 and have worked in Home Health and Hospice all of my career. I was impressed by the wonderful reputation that CIL has within our community, and am so thankful to be part of the agency. I have a son, Nelson, who is 9 and was born with Spina Bifida, uses a wheelchair, and has other medical complications and I feel like the mission of our agency aligns well with my life, personally, as well as professionally. I'm so thankful.

When I'm not working, I'm usually doing laundry or housework, or SHOULD be! Nelson and I love fishing, though, and we do that a lot, as well as swimming, minnow-catching, movie-watching, dog-sitting- so much more. I'm happiest when he is feeling well and is happy and we are enjoying our time together- if we happen to be eating a chocolate malt from our favorite DQ on Menomonie St in EC, I'm even more happy. Before I die, I would like to have a 1966 Yenka Nova and drag race it at Rock Falls. I have a strong love for God and ask Him for peace and clear direction in my life. It serves me well.

Jennifer Bell, PAS Program Support

I am from Menomonie, I went to CVTIC for business management but did not finish. My work background is mostly retail. (8 years) then I worked in a factory for 2 years. Then, Lindsay (from transportation), made me interested in working for CIL. I had never heard of it before she told me about it

When I'm not at work I'm either snowmobiling, hanging out with my friends and family, or planning my wedding. My motto is don't be afraid to try everything at least once. I am happiest when I am with my friends and family. Before I die I would like to travel the world.

Deb Cady, Independent Living Specialist

I was born and raised in Michigan City. As an adult I have lived in Tulsa, Ok, Dallas, TX, Houston, TX, Jackson, FL, Montello, WI, Fond du Lac, WI, Siren, WI and I have been in Menomonie since 2007. I moved here to attend UW-Stout. Most of my work history is related to health care. I attended Nursing School at Purdue University when I was young, but I was not able to finish due to health problems. But, I still liked working in health-care. Some of work roles included CNA, Health Unit Coordinator, HomeCare/Hospice scheduler, medical receptionist/assistance, and finally team leader at a hospital/clinic switchboard. In addition I have worked as an Administrative Assistant and Customer Services Representative in different industries. My education includes an AA in Practical Theology. I attended UW-Stout and received my B.S. in Vocational Rehabilitation in 2011. I have just completed my Masters degree in Vocational Rehabilitation Counseling at UW-Stout. I was interested in CIL because the mission of CIL resonates closely with my personal life philosophy. I believe that every person has the right to determine what "quality of life" is for themselves. I want to help others identify what their 'quality of life' is, help them find resources to live that life, and support them during this process.

Relentless Badger Award

...Deb Cady continued from page 2

When I am not at work I take care of my boy-friend and our 2 cats. I fight a horrible addiction to Facebook and its games-I'm still hooked. I like to learn so I am always researching the Net. We watch TV-everything from the Hallmark channels to Sci Fi, and Adventures. My personal motto is I'd rather laugh than cry...Laughter is free and I abuse it on a regular basis...crying only gets your cheeks wet. I'm happiest when I get to spend time with my best friend, Jackie. And before I die I'd like to win the lottery "big time" and give 99% of it away...

We are what we repeatedly do.
Excellence, therefore, is not an
act but a habit.

Aristotle



Pictured Bobbi Craig

Relentless Badger Award goes to Bobbi Craig

Bobbi has performed commendable actions and activities that work toward both IL and CIL as an agency in very positive ways.. As one of the friendliest people you will ever meet, she always arrives to work with a smile and happily greets all of her coworkers. Her strong positive attitude reflects not only on her coworkers but also with the consumers, volunteers and organizations she works with. She is very diligent and happy to make herself available for any questions or concerns anyone may have. She is willing to go out of her way to educate staff and consumers about a wide variety of resources in the community.

Bobbi is the Transportation Coordinator for the New Freedom Transportation Program. She is responsible for day to day operations, overseeing New Freedom Transportation employees and overall ability in seeing that the program runs smoothly.

Bobbi is not only a great leader in our agency she is also a role model to many. She always sets a good example with her hard working team player attitude. She is very selfless in her commitment to helping others. Bobbi plays a huge role in encouraging staff with community involvement in such activities such as: homeless shelter and food pantry donations adopting families at Christmas.

CIL employees have the opportunity to bring in in-service trainings. Bobbi provided an in-service for an all staff meeting which was "Bikers Against Child Abuse". This in-service was not only unique but very informative. Her commitment to staff and IL is commendable and she is always finding new ways to keep everyone engaged.

Our agency is very fortunate to have Bobbi as an employee and a co-worker on many levels and feel she is truly worthy of the "Relentless Badger Award" for CILWW.

Legislative Advocacy Days

On March 15th, CIL, as a part of the Wisconsin Coalition for Independent Living Centers (WCILC) went to Legislative Days in Madison for an empowering opportunity to advance the Independent Living Movement. We met with state legislators to discuss important issues in Governor Walker's budget regarding people with disabilities. Focus areas included; the formation of a Transportation Coordination Task Force, providing statewide parity for long term care services and supports by providing the Family Care and IRIS Programs statewide, keep supporting the Personal Care Program direct care workforce by providing a 2% increase, continue support for recovery based services and supports for people with mental illness through the Peer Run Respite Centers and Certified Peer Specialists.



Advocacy in Action



CILWW is very involved in local, state, and national advocacy. If you also have an interest, call us to get involved with our legislative advocacy network and CCAT groups!

Get Involved!

Self-Advocates Arrested at White House

Dozens of disability rights activists have been arrested outside the White House while calling for President Donald Trump to support community-based living.

The U.S. Park Police arrested 83 protesters late Monday who were among some 300 demonstrators with the disability rights group ADAPT, according to organizers.

Many of those arrested were in wheelchairs. They were cited for incommoding — or blocking the sidewalk — and will face a \$50 fine. All were immediately released, ADAPT said. Protesters spent several hours Monday afternoon outside the president's home calling on the Trump administration to support the Disability Integration Act, a bill that would ensure that people with disabilities have access to community-based alternatives to institutions, in addition to other programs that promote community integration.

ADAPT is also asking for a meeting with top administration officials to discuss efforts to end institutionalization and indicated that they would like the president's daughter, Ivanka Trump, designated as an ambassador to the disability community.

"He's the president and we want him to work with us to secure our rights. Right now, though, he's acting like any small-time politician. He says he is all about the people until it's time to actually serve the people. Then he has you arrested," said Gregg Beratan, who was cited by police during the action.

ADAPT organizers said they did not receive any response from the Trump administration.

"Our goal is to get a commitment from the Trump administration to respect our civil rights, particularly the right to live in our own homes and not nursing facilities," said Jerry Costley. "If we don't get a meeting or a commitment, at least we have raised consciousness for our cause."

The U.S. Park Police did not respond to repeated requests for comment about the incident.

Written by Michelle Diamant, Disability Scoop, All rights Reserved.

Congress is considering proposals that are estimated to cut federal Medicaid funding by 25%. Wisconsin currently operates more than 20 Medicaid programs; one in five people use some form of Medicaid which can include Birth to 3 services, Family Care, IRIS, school therapies, Katie Beckett, autism supports, personal care, mental health supports and more...

Contact your State Legislator to let them know how this impacts you.

To Contact Your State Legislators Call: 1-800-362-9472 or look up your legislators' phone numbers on the legislative website: <http://legis.wisconsin.gov>



Want to stay informed? Visit our Facebook page or subscribe to our Legislative Advocacy Network by visiting www.cilww.com.

New Freedom Transportation

Drivers Attend Regional Training and Appreciation Event



On Oct. 14th, 2016, 138 drivers and transportation stakeholders from the 18 county service areas of Center for Independent Living for Western WI (CILWW) and North Country Independent Living (NCIL), participated in a regional driver training and appreciation event held at the St. Croix Casino Event Center, Turtle Lake. CILWW sponsored the event as part of its New Freedom Transportation Program, supported in part by a FTA/WIS DOT 49 USC 5310 grant and many other community partners including North Country Independent Living, Community Care Connections of Wisconsin and several Aging and Disability Resource Centers from the 18 county region.

Regional Mobility Manager Denise Larson stated that this event is an activity of the Western Wisconsin Regional Transportation Coordinating Committee's Regional Plan, to collaborate and coordinate transportation services and activities to help share valuable resources. The training included Sensitivity, Community Resources, HIPAA/Confidentiality, Uni-

versal Precautions, Blood Borne Pathogens and Adaptive Equipment for the home and vehicles.

Since 2008, CILWW's volunteer drivers in coordination with NCIL have provided over 165,000 rides for over 2500 persons with disabilities and the elderly for shopping, medical, employment and personal business. The 18 county transportation service area covers 19,219 square miles. The drivers are reimbursed IRS (Federal) mileage rate for using their own vehicles.

The Center is in need of more volunteer drivers to help with the growing ridership needs of the program. For further information contact Denise Larson, Region Mobility Manager at larsond@cilww.com or Bobbi Craig, Transportation Coordinator at craigb@cilww.com or by calling 800-228-3287 or if local to Menomonie please call 715-233-1070.

If you are interested in getting rides through New Freedom Transportation or becoming a driver... call us today! You can call 800-228-3287 for more information.

Assistive Technology Demonstration & Loan Program

WisTech is Wisconsin's Assistive Technology (AT) program. AT is a device or service that allows people to function as independently as possible at home, school, work, and in the community. CILWW is a regional AT Device and Demonstration Center. CILWW has almost 2,000 different AT devices that we can loan and/or demonstrate to people. CILWW staff can bring devices to people's homes, answer questions about devices, loan devices for a short period of time, give vendor and funding resources, and use their experience to help find the most cost-effective options.

Check out our new assistive technology devices!



Numov Grip Aid

- Soft ergonomic grip fits comfortably in the hand.
- Provides an increased gripping surface.
- Can be used with utensils, toothbrushes, writing pens, pencils and other items.



Easy Grip Weeder

- Ideal for digging out dandelions and other pesky weeds.
- Ergonomically angled handle keeps hand and wrist in a natural position, preventing wrist strain while gardening.
- "Soft feel" non-slip handle.



The SafetySure® StandEase™

Is ideal for individuals with arthritis, recovering from hip surgery, osteoporosis, or anyone that has difficulty standing. The StandEase™ is lightweight and can be moved from room to room. You can take it on trips when you visit family or friends. Easy to install, no tools required. The front legs are height adjustable to accommodate most sofas and chairs.



Goldtouch V2 Adjustable Comfort Keyboard

Allows users to find their individual comfort. Uniquely designed to adjust from 0 to 30° on horizontal plane to properly straighten the wrists and 0 to 30° of vertical tenting to help alleviate inward turning of wrists, pressure on tendons, and align the arms and shoulders in a natural and comfortable position.



Livescribe 3 smartpen Black Edition

The bring information from paper onto your tablet and smartphone. Convert what you write into digital text with amazing accuracy. Built-in memory on the smartpen captures and stores your notes, allowing you to sync to up to 4 iOS and Android devices. Connects to your iOS and Android devices via Bluetooth Smart (Low Energy) to sync everything you write or draw to the free Livescribe+ app.

AT Programs and Services

Are you or someone you know...



- Having difficulty hearing or using the telephone?
- Hard of hearing?
- Deaf or severely hard of hearing?
- Mobility/Motion impaired?
- Speech impaired?
- Deaf with low vision or blindness?
- Deaf and blind?



If you answered yes, you may be interested in finding the AT you need to access telephone services. Equipment could be amplified phones, captioning phones, neck loops, and other devices. Schedule an appointment to try a variety of equipment with one-on-one assistance from knowledgeable and experienced staff!

Staff can also help you apply for funding through TEPP: Telecommunications Equipment Purchase Program. Money collected through WI telephone service providers goes into the WI Universal Service Fund, which pays for TEPP. CILWW's role is to help you access the funding you need to get the equipment you need!

TEPP

Loan Programs

WisLoan offers loans to help people buy assistive technology or equipment such as modified vehicles, wheelchairs, and ramps. There are no income requirements and individuals are not required to exhaust personal or public funding. Under the program, banks provide loans at a fixed interest rate of 6.5% to qualified borrowers. Loan amounts depend on the item and ability to repay.

Telework is a loan program that allows residents with disabilities to purchase computers and other equipment needed to work from home or from other remote sites away from the office, such as work on the road or at a Telework center.



For Sale List

Accessible Van:

2001 Chrysler Town & Country - Dark blue, 154,137 miles Power folding side ramp w/remote, lower floor side entry, hand controls, transfer seat, new head gasket. Van is in good shape and very clean \$7,000 or best offer.

If interested, please call or text Alan Fuse @ 715-415-4307

2008 Dodge Caravan SXT:

71,000 miles with Harmar lift for WC or scooter. 3.8L V6 Red

In excellent condition. All servicing done at Chilson Chrysler Dodge and Northern Servicing for the lift. Wonderful Van for \$11,000. Clean Title. Pictures available.

Contact: Steve @ 715-832-1747.

1996 GMC Full Sized Savannah Side Entry Lift Van:

\$3,000

2015 Quickie S636 Power Wheelchair: Almost new SD300 Power Wheelchair: Older Model Best Offer Prices are negotiable. \$6,500 for all three items.

Contact: Mark @ 715-861-1061

Scooter/Wheelchair Lift: Like new \$3,300 but negotiable.

Contact: Holly @ 715-505-2588

Quantum Motorized Wheelchair:

New, barely used, very durable high quality power-chair. From Scooter Store. \$1,900

Contact: Dan 715-790-3877 or 715-236-7111

Jazzy 1650 Motorized Chair (large man chair):

24.5" seat with adjustable arms that move out, was brand new on March 2, 2016 with battery charger and manual \$3,500

Contact: Mike @ 715-894-0059

Jazzy 614HD Heavy-duty Wheelchair/Electric Scooter:

450 lb. weight capacity, red, easy rear access to batteries, enhanced traction, removable armrests, \$1,000 Contact: Deanna_snow@yahoo.com or 715-790-9492

Jazzy GT Select Power Motorized Chair:

Has leg extensions, used for approximately 2 hours, red/burgundy color, brand new batteries \$1,200 OBO

Contact: Jeri @715-552-1238 or 715-271-3348

Electric Wheelchair:

Used it perhaps a dozen times for medical appointments. Brand-new condition. Model: Quickie QM-710/715HD/720. The chair is valued between \$4,000-\$5,000. Listing for \$1,500 OBO Contact: Tammy @ 715-236-6255 or 715-475-9484

Motorized Chair:

Used one time \$2000

Contact: Randi @ 715-210-0404

Wheelchair Lift:

\$125 OBO

Fits the back of the car

Contact: Tina @ 651-666-0565

Large-sized Motorized Wheelchair:

Best Offer

Contact: Tina @ 651-666-0565

Two Wheelchairs:

One standard wheel chair and one transfer chair. They are both new.

Asking \$100 each OBO

Contact: Merry @ 715-386-3119

Bariatric Motorized Wheelchair:

\$1,000 22-24" seat, hardly used, tilts, with charger asking

Contact: Lori @715-338-2504

C300 Power Chair:

\$2,000 With two extra head attachments plus one new already attached to chair. All adjustable, newly installed batteries, comes with 4 cushions for Rojo cushions (needs air)

Contact: Mrs. Schrieber @715-651-5049

Bed Grab Bar:

\$50 in excellent condition originally sells for \$100. It has straps to secure to box spring.

Contact: Steve @ 715-832-1747

For Sale List continued...

Electric Hospital Bed:

\$700 OBO 4-5 years old, used only 2 days, legs, lift, back lift and motion sensors, still in plastic.
Contact: Dan @ 715-637-6679 after 2pm

Transfer Bench/Shower Chair:

Invacare lightly used transfer bench shower chair with back. Sells for \$129 new, \$65
Contact: Steve @ 715-832-1747

Crutches:

Height adjustable OBO
Contact: Steve @ 715-598-1550

Moen White Hand grips:

size 9" \$5.00
Contact: Mrs. Schrieber @715-651-5049

Wooden Transfer Board:

24 X 8" wide \$5.00
Contact: Mrs. Schrieber @715-651-5049

Walker: Missing wheels

Contact: Jeri @ 715-552-1238 or 715-271-3348

2 Nebulizers:

One is portable with oxygen lines, etc.
Contact: Annette @ (715) 829-7680

Lift Chair:

Brown, may be about 15 years old in New Richmond
Contact: Bob @ 715-246-9006

Hearing Aid Batteries:

Duracell 312 48 per box
Contact: Joelene @ 715-514-4200 Ext. 307

Telephone Adapters:

Hear Clearly Clarity Professional Model C4230
Sonic Link Deluxe Remote Receiver Model SA 201
Door Bell adaptors
Contact: Joelene @ 715-514-4200 Ext. 307

Tube Feeding Bags, Tubing, OSMOLITE food:

Contact: Anna @ (715) 226-5010

Multiple Books on Tape:

Cassettes for someone with vision loss
Includes: Materese Countdown-Robert Ludlum, Beyond All Reason -Amy Lee, Four Blind Mice - James Patterson, The Brethren-John Grisham, The Testament - John Grisham and many more for pleasure reading. Picture available of entire box
Contact: KariAnn @ 715-514-4200 Ext. 305



August 19th & 20th, 2017

Join us for a 2 day jam packed event filled with fun, food and fishing in Holcome, WI. No fishing license or experience needed!!! Provided to you are rods, reels, life vests, adaptive fishing equipment, bait, fish cleaning, boats, pontoons, guides, Saturday evening dinner and Sunday cookout! Cost: \$50 for participants, \$25 for guests, family and attendants. Volunteers are also needed!

Interested Volunteers & Participants: please call David Koch at 800-228-3287

CILWW manages a For Sale/Donation list for AT, medical equipment, etc. If you want to sell an item or you want to get on the email list, please contact Joelene at jsmith@cilww.com or 800-228-3287 ext 307.

Center for Independent Living
2920 Schneider Ave SE
Menomonie, WI 54751

Consumer address



Center for Independent Living for Western Wisconsin, Inc.

MAIN OFFICE

* 2920 Schneider Ave SE
Menomonie, WI 54751
Fax 715.233.1083

BRANCH OFFICES

* 2004 Highland Ave. Suite H
Eau Claire, WI 54701
Fax: 715.514.2465

* 312 W Knapp Street Ste 1
Rice Lake, WI 54868
Fax: 715.736.0265

The Advocate is available upon request in various formats including Braille, large print, e-mail notice, computer disk and audiotape. Our website also displays a text version of our most current version issue. If you are receiving more than one copy of the Advocate or wish to be removed from the mail list please call our Menomonie office. If you are currently on our Advocate mailing list and have Internet access please consider being notified by e-mail and contact cilww@cilww.com.