

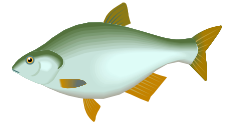


Advocate Spring 2008
Center for Independent Living
for Western Wisconsin, Inc.

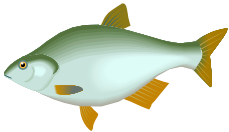
Fishing Has No Boundaries

Chippewa Valley Chapter 2008 Fishing Event for persons with disabilities

August 16th & 17th, 2008



Join us for a weekend of fun, fishing and camaraderie! **No Fishing license or experience needed!** Cost: \$60 for participants. \$35 for guests, family and attendants.



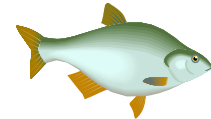
For more information or to register contact

Tammy at:

800-228-3287 v/tty

or 715-233-1070 v/tty

or popple@cilww.com



Coming soon...

**Save the date - July 15
10:00am to 4:00pm**

The Center for Independent Living for Western Wisconsin is partnering with the Assistive Technology Resource Center to present the...

Assistive Technology Resource Fair at the Florian Gardens in Eau Claire

So what is Assistive Technology? It is any piece of equipment or product used to maintain or improve the functional capabilities of people with disabilities or limitations. Examples include wheelchairs, hearing aides, or computers with modifications. Any service that helps an individual select, use or purchase an assistive technology device is an Assistive Technology Service.

What will be there? Technology displays, funding options, community resources, hands-on trial of devices and training sessions.

Break out sessions include: Seating and mobility; Cognitive and Literacy devices; Adaptive Transportation; Wisconsin's assistive technology resources; WisLoan and Telework presentation; Work Smart-Solutions for the Workplace; Resources for Hearing Loss; Live Smart-Solutions for Daily Living; and Resources for Vision Loss.

The Assistive Technology Resource Fair is free and open to the public. It is being funded through the Center for Medicare and Medicaid Services to the Wisconsin Department of Health and Family Services-Pathways to Independence.

What the Heck is HEC?

HEC aka Health and Employment Counseling is a program to allow individuals who have a disability determination from the Disability Determination Bureau and are not currently working at least 1 hour per month, to apply for Medicaid. HEC is a 9 month pre-employment plan that is written by a HEC screener with the applicant. The plan is then sent to the State Department of Health and Family Services for approval. A letter from the State is sent to the applicant as well as the HEC screener stating approval or denial of the plan. Then the applicant needs to take the approval letter to their county Economic Support Worker or Specialist to be put onto Medicaid. This form of Medicaid can only be backdated to the first day of the month that the HEC screen is completed in. If you have questions about HEC or would like to have a HEC screen completed, please contact Cami Engel, Regional HEC Screener at 1-866-419-1260 or 715-736-1800.

CAMP QUEST 2008

A Camping Experience for Young Adults with Disabilities

**JUNE 12-13th, 2008
BEAVER CREEK RESERVE
S1 COUNTY ROAD K
FALL CREEK, WI. 54742**

What is it? Camp Quest is a cross disability summer camp for teens and young adults with disabilities. Activities include dance with DJ, arts and crafts, campfire and smores, star gazing at the observatory, scavenger hunts, tie dying, nature hikes.

Why? We have all seen an increasing need for more recreational activities for people with disabilities.

Who? Young adults with disabilities, ages 14-21, from the counties of Dunn, Eau Claire, Chippewa, Barron, Clark, Pepin, Pierce, Polk, Rusk and St. Croix.

When and Where? June 12-13th, 2008 at the Beaver Creek Reserve in Fall Creek, WI. Camp starts at 10 a.m. on June 12th and ends at 1 p.m. on June 13th. **THIS IS AN OVERNIGHT EVENT.** If interested in attending, please contact Noelle Johnson before April 28 at:

The Center for Independent Living for Western Wisconsin
2920 Schneider Ave. East, Menomonie, WI 54751
1-800-228-3287 or 715-233-1070v/tty ext. 15 johnsonn@cilww.com

WE ARE ALSO LOOKING FOR VOLUNTEERS TO BE CAMP COUNSELORS!! CONTACT NOELLE FOR MORE INFORMATION!

Elections - When and Why

League of Women Voters of Wisconsin

Primary Elections: Held to nominate candidates to be voted on in the general or spring election.

Spring Primary: Third Tuesday in February.

Fall Primary: Second Tuesday in September.

Spring Election: First Tuesday in April to elect judicial and non-partisan municipal, county and education officials.

Presidential Preference Primary: Held with the spring primary election in a presidential election year to indicate preferences within each party for president. (Third Tuesday in February.)


General Election: Even-numbered years on the Tuesday after the first Monday in November to elect U. S. senators, representatives to Congress, president and vice president, and state and county partisan officers.

Special Elections: Held to fill vacancies or for other designated purposes.

This material is based on Wisconsin election laws and is believed to be correct and accurate.

Questions on specific interpretation of the laws should be referred to the State Elections Board.

<http://elections.state.wi.us/index.asp> <http://www.lwvwi.org/cms/content/view/19/78/#register>



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Simply dial 2-1-1 to get help with life.
Free, confidential community information,
referrals and crisis line services 24 hours a day.



Great Rivers 2-1-1

Dial 2-1-1 or (800) 362-8255 Toll Free in Wisconsin, Minnesota and Iowa (TTY/Rotary) (866) 884-3620

Great Rivers 2-1-1, formerly First Call For Help, provides free, confidential community information, referrals and crisis line services 24 hours a day.

Great Rivers 2-1-1 serves Buffalo, Chippewa, Crawford, Eau Claire, Grant, Jackson, La Crosse, Monroe, Pepin, Richland, Trempealeau, and Vernon Counties in Wisconsin; Houston, Fillmore, and Winona Counties in Minnesota; and Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa.

WisTech Loan and Demonstration Program

By Kay Sommerfeld

New items in the loan and demonstration program! If you are interested in trying or learning more about the devices in our program (over 2000 devices) please call the Center at 1-800-228-3287 or 715-233-1070 v/tty. Rice Lake office numbers are: 716-736-1800 or 866-419-1260 v/tty

HandyBar®: Inserts into the existing U shaped striker on the vehicle frame. Provides extra support for getting in and out of the car.

Easy Grip Fingernail Clipper: Easy to grip clippers

Ring Pull: J hook of this opener lifts and opens ring pulls on cans. On the end of the handle there is a pronged utensil that can be used to break seals on jars, making them easier to open.

Hand's Free Hair Dryer Stand: this stand secures your blow dryer in place. It is designed for countertop or vanity use.

Talking Pendant Watch: The Analog display is 1". Speaks time with a press of a button. Has alarm function.

Connectables™/Clip-on Magnifiers: a set of 3 precision magnifiers you can clip-on to items. Magnification ranges from 3X-5X-7X. Used for stitching, fine detail work and crafts.

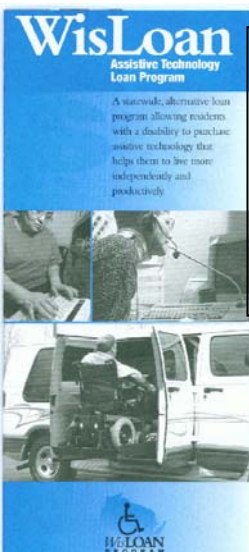
The Writing Bird™: this pen holder is a unique writing device for anyone who has difficulty holding pens.

Body Care™ Long Handled Comb: this grooming aid has an extended handle that will assist persons who have difficulty using a standard comb.

Timex Weekly Medication System with Talking, Visual or Beeping Reminder: choose from talking, visual or beeping reminder alarm. Enough compartments for 4 doses over 7 days.

6-IN-1 Multi Opener: multi opener handles six different types of seals and lids

This program is part of the WisTech network of Device Loan and Device Demonstration programs. WisTech is funded through a federal grant, administered by the Wisconsin Department of Health and Family Services.



The WisLoan program offers loans for assistive technology. The loans help people buy equipment such as hearing aids, modified vehicles, wheelchairs and ramps. The program is open to Wisconsin residents of all ages who have a disability. There are no income requirements, and individuals are not required to exhaust personal or public funding. Under the program, banks provide loans at a fixed rate of 5% to qualified borrowers. Loan amounts depend on the item purchased and the ability to repay the loan.



The Wisconsin Telework Loan Program is a statewide, alternative loan program that allows Wisconsin residents with disabilities to purchase computers and other equipment needed to work from home or from other remote sites away from the office, such as work on the road or at a telework center.

Staff at the Center for Independent Living can answer your questions and take applications. For either program, contact CILWW at 800-228-3287 or 715-233-1070. cilww@cilww.com

The Advocate is available upon request in various formats including Braille, Large Print, E-mail (text version), Computer disk, and Audiotape.

Our website also displays a text version.

If you are receiving double copies of the Advocate, please help us save on cost by calling Lori at the Menomonie office. Donations are welcome.

Social Security Administration Warns 76,000 Beneficiaries of Drug Subsidy Loss

News: *Part D Drug Benefit*

The Social Security Administration has advised about 76,000 Medicare Part D beneficiaries they will lose their low-income status in March because they did not respond to requests for information that verified their program eligibility.

Beneficiaries were notified that although they no longer were eligible for the LIS program, they remained enrolled in their Part D plans, meaning they would be responsible for a greater share of the cost.

An SSA spokesman told BNA March 14 that the letters were sent only after several efforts were made to reach out to beneficiaries to obtain the eligibility information. The low-income subsidy program provides financial assistance at varying levels to poor beneficiaries enrolled in the Part D drug program.

SSA further told beneficiaries they could appeal the decision within 60 days to have their LIS eligibility reinstated, if they were indeed eligible. Beneficiaries also could appeal within 10 days of receiving the letter to avoid any interruption in their current status.

In a news release responding to the letters, a beneficiary advocacy group, the Center for Medicare Advocacy, noted that starting April 1, affected beneficiaries will have a special three-month election period in which they can enroll in new plans.

The letter is available on the [Health Assistance Partnership website](#).

Legislative Advocacy Network (LAN)

To advocate for community change and services, CILWW has set up a Legislative Advocacy Network (LAN). Anyone is encouraged to be involved by being trained and participating in letter writing, e-mail and phone calls. If you want to participate, please call CILWW at 800-228-3287 or 715-233-1070. Or by subscribing at: <http://www.cilww.com/cgi-bin/dada/mail.cgi/list/cilww> or lan@cilww.com

2008 Social Security Cost of Living Adjustment (COLA) amounts

The 2008 numbers are out and there will be an increase of 2.3% to adjust for the cost of living. Here is what this means for SSDI, DAC and SSI recipients:

Social Security Disability Insurance and Disabled Adult Child Beneficiaries	
2008 Substantial Gainful Activity (SGA)	\$940.00
2008 Blind Substantial Gainful Activity (Blind SGA)	\$1570.00
Trial Work Period (TWP)	\$670.00
Quarter of Coverage towards becoming insured	\$1050.00
2008 Medicare Part B Premium	\$96.40

Supplemental Security Income Beneficiaries	
2008 Federal Benefit Rate (FBR) Individual	\$637.00
2008 Federal Benefit Rate (FBR) Couple	\$956.00
2008 Resource/Asset limit Individual	\$2000.00
2008 Resource/Asset limit Couple	\$3000.00
2008 Student Earned Income Exclusion (monthly)	\$1550.00
2008 Student Earned Income Exclusion (annual limit)	\$6240.00

If you have questions about what these numbers mean, or how work might affect your benefits, please call Cami or Denise at 1-866-419-1260 or Maribeth at 1-800-228-3287.

For Sale:

Electric hospital bed with side rails. \$400 OBO. Call Mary 715-491-1062. 033108

Brown Car Topper to hold folding wheel chair on top of car. Purchased 2003. \$1,800 OBO Call Tammy 715-855-0166 032608

98 Ford Econoline Van /fully customized, automatic, dk maroon \$4,000/BO Call Mary 715-455-1956 031008

Dodge Grand Caravan 1994 with Rascal lift & scooter. Will sell lift and scooter separately, but must sell before the Caravan. Call Paul 715-235-3524 030608

Hover Round, used couple hours, new batteries \$3,000. Call Lisa at 651-998-1174 030508

New adjustable Crutches, were \$50. Sell for \$8 Call Sharon 715-386-5328 030408

Electric Bed, adjustable, call after 6 pm or between 9-11AM Call Russell 715-877-2719 030408

(2)Two Quantum (PSV) Pressure support ventilators Bi-Pap machines. Top of line, no longer made, can be professionally serviced excellent condition \$1600 for both or can purchase separately. Call John 715-663-5585 – leave message. 022708

2004 Bruno Typhoon, red 3 wheeled Scooter. Comes apart for travel in trunk of a car. Includes basket, slot for attaching flag. Like new, used few months. Asking \$900, was \$1800 new. Call Linda 715-637-5596. 022508

Electric Hospital Bed with side rails \$750. Older manual Hoyer lift \$300. Never used, Model Invacare Reliant 450 Brand New, Hoyer Lift, with books, chargers, etc. asking \$1000. Many boxes of Adult Med. Attends. Boxes of 96, were \$125 new, sell for \$60 per box. Also many other items for person with Cerebral Palsy. Call Laurie at 715-668-5659. 020408 021808

Jazzy 1103 Power Chair – Red – Purchased new June 2000 – Extremely well maintained/Gently ridden for 3 years \$2,000 OBO. Also, Recliner-Lift-chair, Med. Steel blue, Very good Condition \$250 OBO, Located in Chippewa Falls, Call Lonnie @773-960-8886 010408

Invacare SP Heavy Duty (to 400#) Wheelchair/joystick, charger, all booklets, 4 ft trailer/ramp to haul chair, price negotiable. Call Cindy 715-637-6550 122007 031408 031708

Bath chair \$75 OBO, Folding Walker/wheels \$20, Custom Wheel Chair \$1,200.00, Hospital Bed \$500 OBO, Bedside Lift \$1,500. Call Delna 715-448-3702 122007 031408 031808

Minivator (smaller type elevator), 15 yrs old, good shape, \$2,000, complete with instructions. Call Thomas at 715-832-5345 101207 031408

Hover Round, with all attachments, like new, holds up to #300 pounds Over \$8,000 new. Asking \$2,500 Call Shirley at 715-688-2806 091707 031408 031808 Leave in until end of May 08

Hi-Low Sunrise Medical electric, Hospital Bed, single, Collapsible, folds down to ½ size. Like new \$500 OBO. Call Larry, Barbara or Evonne at 715-832-8657 or Barb's Cell 715-475-9619 053007-080907-031408

Invacare Storm TDX Motorized Wheelchair, Air/foam cushion, both standard & contoured backs, adjustable arm rests, headrest, oxygen holder. Can be adjusted to individual needs and preferences. Used only a few months. Asking \$2,000, call Karen to negotiate 715-743-4735. 040406-080907 031408

Looking For:

Looking for a used wheelchair. Call Pat 715-425-9727. 040208

Looking for a no or low cost accessible computer desk. Contact Sue at 715-537-6225 with information 021908

Donation:

Wheel Chair Lift for use by steps (3 or 4 ft lift). Call Wes 715-386-6680 022508

Shower seat call Ann 715-835-2458 010408 031408

Want to rent with option to buy, used 12 foot long parallel bar, walker/exerciser/therapy set up. Call Mrs. Carlson 715-637-3872. 061507-080807 031408

Shifting Negatives to Neutrals or Positives in Relationships

Positive coping abilities

For example, instead of focusing on the person being depressed, notice how much they put forth efforts in the face of depression; or instead of thinking of the weight they have gained since having a child, focus on how well they are managing their time since the change in schedule and demands on their time.

Strengths

What strengths or admirable qualities have you noticed in the person in any context? Challenge yourself to notice those strengths or traits and let the person know that you appreciate or admire those traits.

Personality traits that could serve the person and others well

For example, instead of "Too sensitive," consider "Feels things strongly."

Try recasting habits or qualities that annoy you or you find yourself judging into assets

For example, instead of focusing on how obsessive the person is, appreciate their commitment to doing things well and correctly; or how they spend too much, notice how generous they are with you and others.

If you can't find anything to admire or see in a positive light, try to shift into neutral.

When you get upset or judge them harshly, remind yourself that you don't fully understand them, their motives, their story or their understandings. If someone was critical of you and you had a chance to tell them your life story or what was in your heart, they might be less harsh in their view of you.

O'Hanlon and O'Hanlon, Inc. | 223 N. Guadalupe#278 | Santa Fe | NM | 87501 possibill@aol.com

CILWW offers

COLOR-PRINTING

Services

Contact Tammy at the Menomonie office for information.

~Brochures, Newsletters, Flyers, Mailings~

**CENTER FOR INDEPENDENT LIVING
FOR WESTERN WISCONSIN, INC.
2920 SCHNEIDER AVENUE E
MENOMONIE WI 54751-2331**



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